

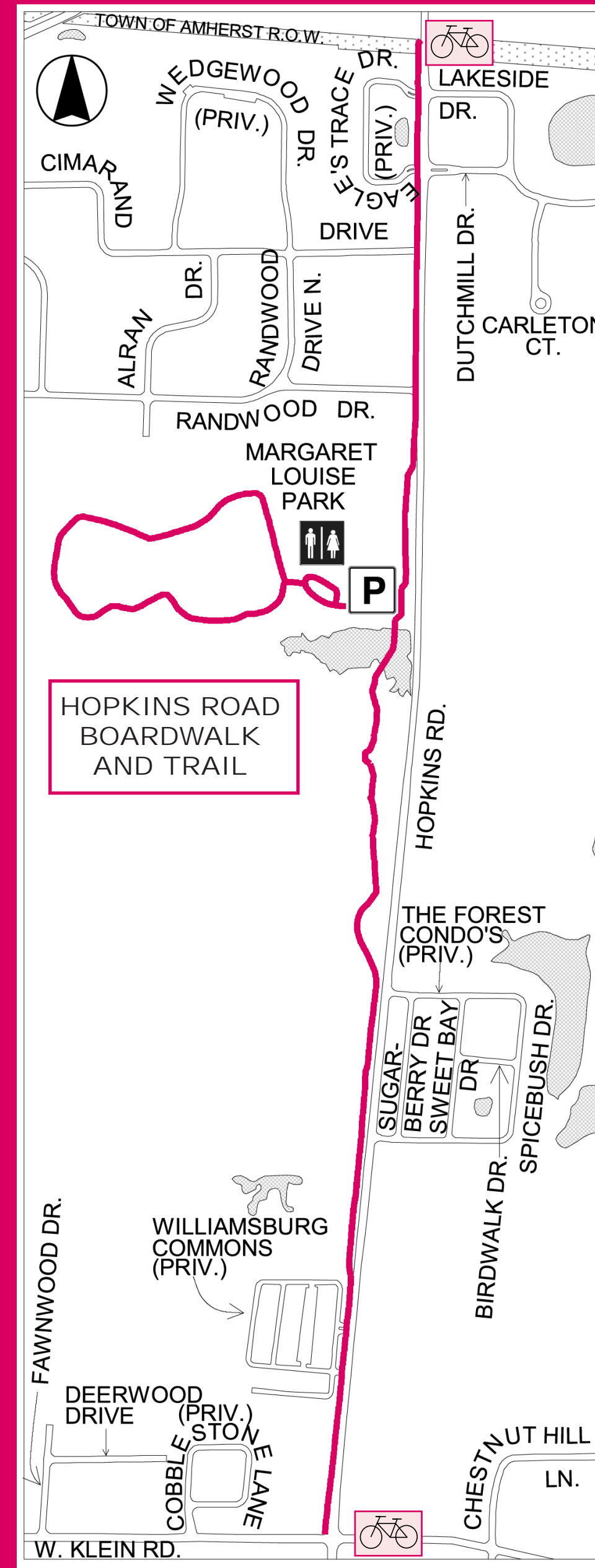
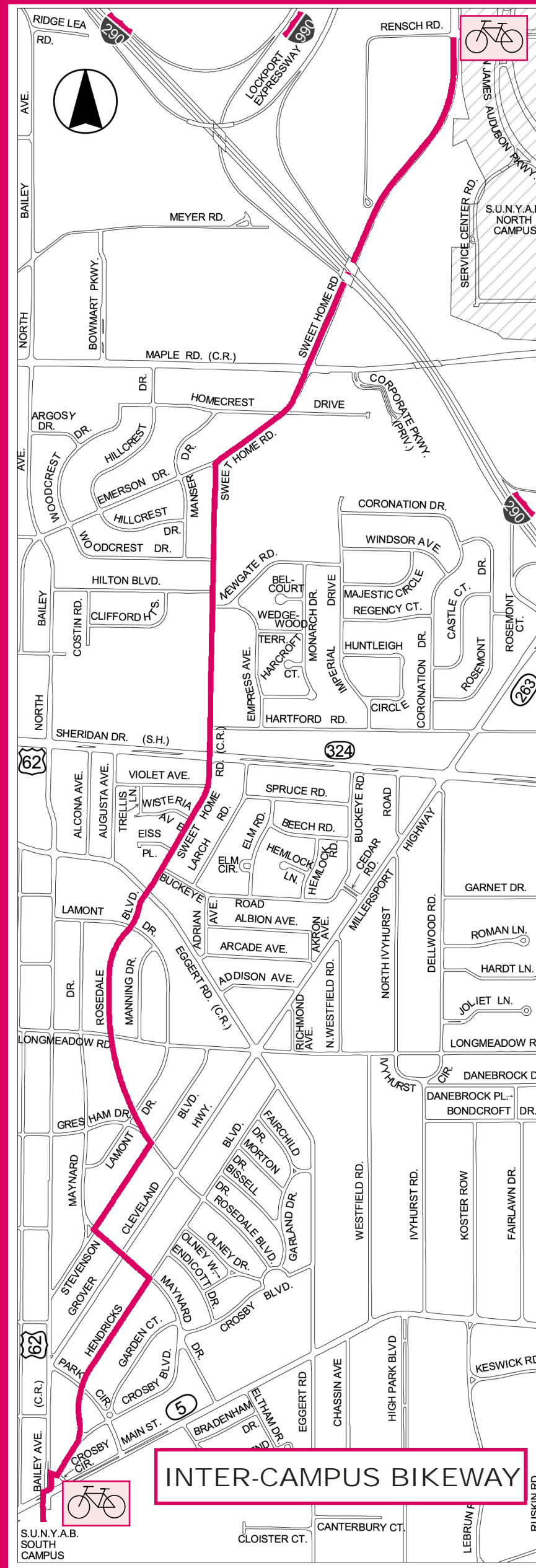
Begin/End Bike Route on South Side of Rensch Road Entrance to North Campus.

Restricted Lane (Ends) Maple & Sweet Home (South Side)

Restricted Lane Starts at North Side of Eggert on Sweet Home Rd. South Lane

Right Lane (Bike Only) 7 am to 7 pm April 1 to Nov. 1

**S.U.N.Y.A.B. Inter-Campus Bikeway**  
Start and end of bike route is at the southwest corner of Main Street and Bailey Ave. on sidewalk. Heading north it crosses Main St., then across Bailey Ave. to Crosby Circle. Down Crosby (left, northeast) to Hendricks Blvd., then (left, north) to Maynard Dr., left (northwest) on Maynard Dr. to Stevenson Blvd., then right (northeast) to Rosedale Blvd., then left (northwest) on Rosedale Blvd. to Eggert Rd. Then at this intersection on the northeast corner of Eggert Rd. and Sweet Home Road starts a restricted 5' lane on east side of Sweet Home heading north to Maple Rd. Restricted lane ends on south side of Maple Rd. at Sweet Home Rd. From this intersection bike route heads north to Rensch Rd. Start and end bike route (North Campus).



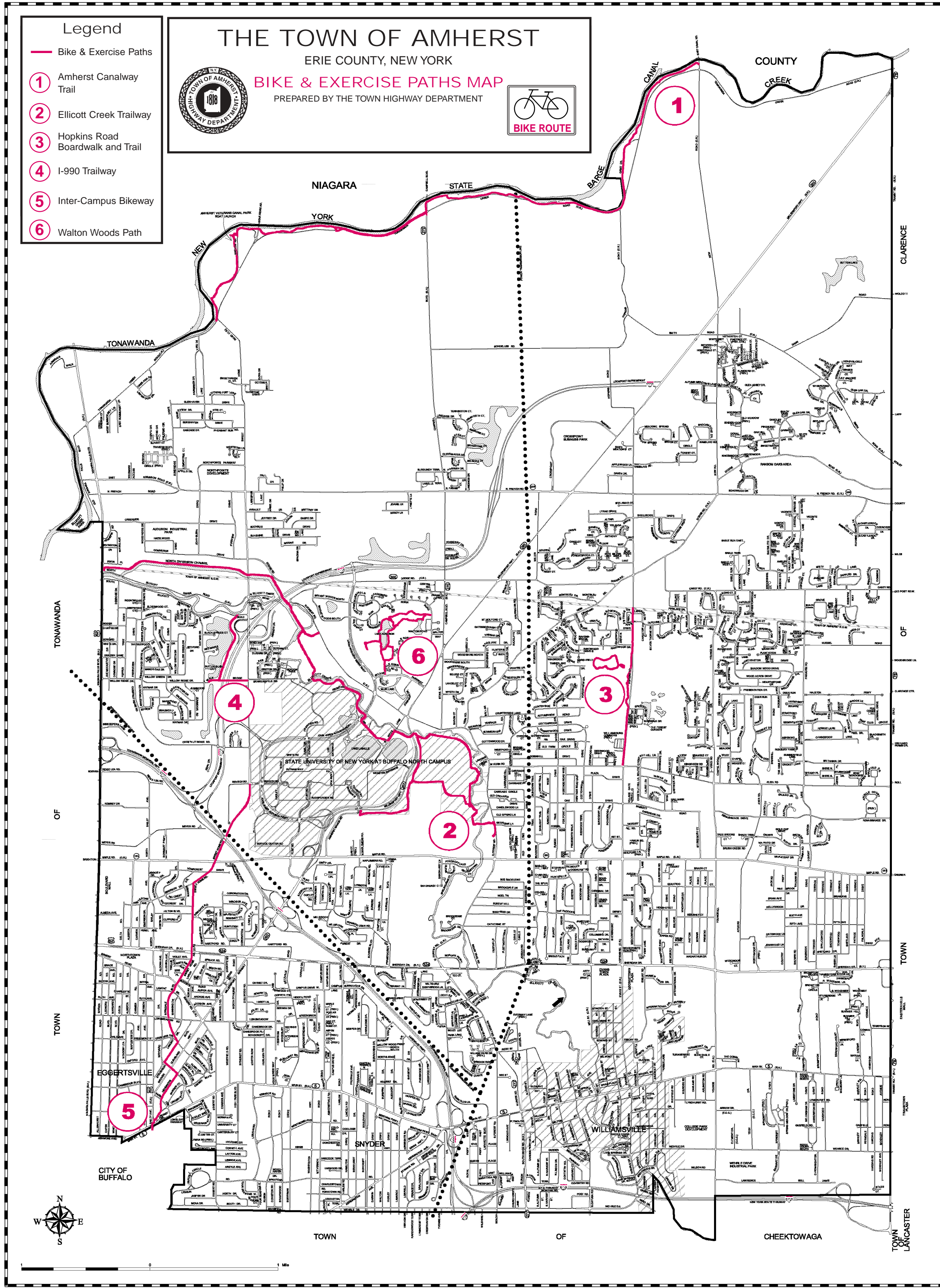
**LEGEND**

- Bike & Exercise Paths
- Bike Path Entrances
- Emergency Phones
- Parking
- Public Restrooms
- Tennis Courts

*Note: Emergency Phone locations are generalized.*

	Length:
Amherst Canalway Trail	5.7 Miles
Ellicott Creek Trailway	7.2 Miles
Hopkins Road Boardwalk and Trail	1.3 Miles
I-990 Trailway	0.9 Miles
Inter-Campus Bikeway	3.0 Miles
Walton Woods Path	4.71 Miles
<b>Total of All Bike &amp; Exercise Paths</b>	<b>22.81 Miles</b>

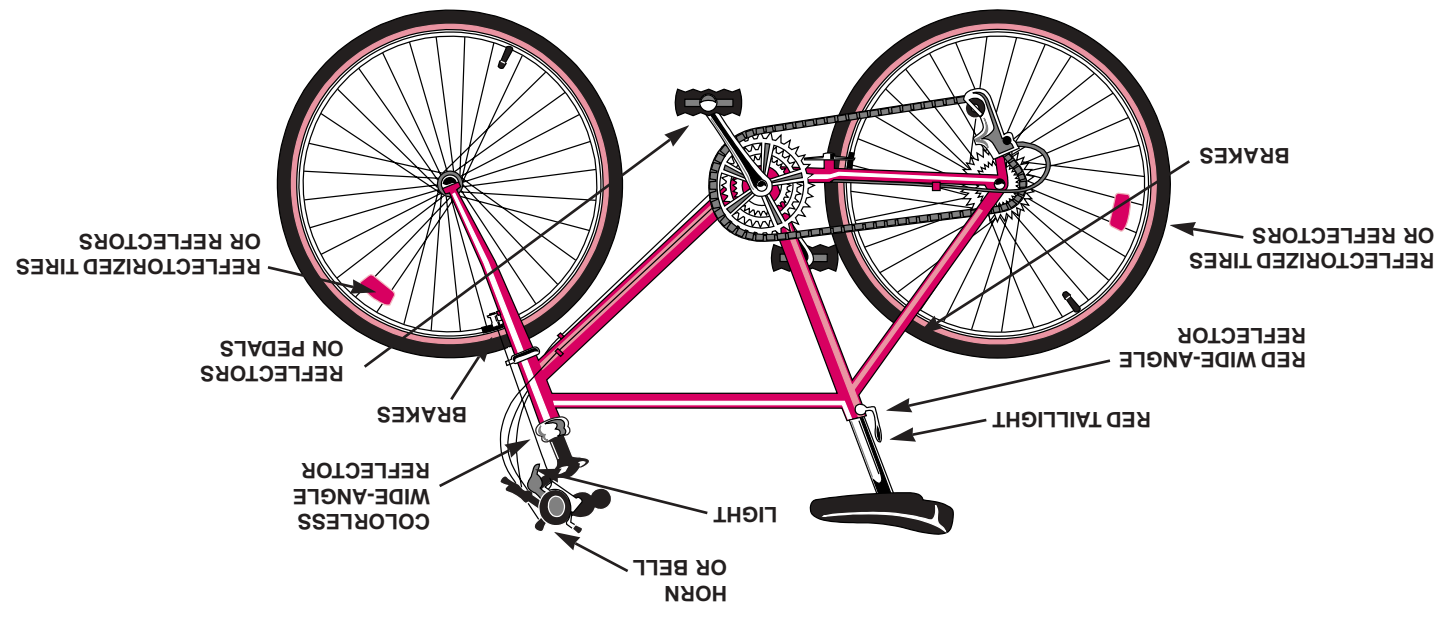




Prepared By P.C.G.

## REQUIRED SAFETY EQUIPMENT

- Red Taillight** - visible from 300 feet to rear (required if riding at night).
- Brakes** - able to make the braked wheels skid on dry, level, clean pavement.
- Colorless Wide-angled Reflector** - on the front.
- Horn or Bell** - capable of giving signal audible for at least 100 feet; sirens or whistles are not permitted.
- Light** - white light visible up to 500 feet to front (required if riding at night). This or red taillight in rear must be visible for 200 feet to each side.
- Reflector** - on both front and rear surfaces of each pedal.
- Reflectorized Tires or Reflectors** - on both wheels.
- Red Wide-angle Reflector** - on the rear of the bike.
- Colorless Wide-angled Reflector** - on the front.
- Reflectorized Tires or Reflectors** - on both wheels.
- Horn or Bell** - capable of giving signal audible for at least 100 feet; sirens or whistles are not permitted.
- Light** - white light visible up to 500 feet to front (required if riding at night). This or red taillight in rear must be visible for 200 feet to each side.



Bike Safety Information Provided by Senator Rath's Office

## BIKE SAFETY TIPS

The best defense against bicycle accidents is safe and skilled handling of the bicycle, but some accidents are unavoidable. That is why wearing a helmet while biking is good sense. In the case of an accident, helmets protect you by bearing much of the impact. They protect the skull and brain from the trauma that could result in serious injury or death. When choosing a helmet you should buy one that meets the standards set by the American National Standards Institute (ANSI), the American Society of Testing and Materials (ASTM), or the Snell Memorial Foundation. Helmets that meet these standards have been tested and proven effective in protecting cyclists from brain injuries due to collisions. Look for a label or tag noting that the helmet meets ANSI, ASTM, or Snell standards.

### Here are some other safety tips that you should know and follow when riding your bicycle:

- Look behind you and use proper hand signals before making turns.
- Drive on the far right side of the road, or on the shoulder where legally permitted, but leave enough pavement on your right to steer around objects in the road.
- Ride single file. If a bicycle path is provided, use it.
- Always give pedestrians the right of way.
- Check and maintain your bicycle regularly. Many bicycle accidents result from faulty equipment.
- Don't carry anything that interferes with vision or control, and don't carry riders unless an attached seat is available.
- Never hitch a ride onto moving vehicles.
- Turn on your headlight if you ride at night.
- When riding after dark, wear something white or wear reflective material on your clothing.
- Watch for car doors opening and for cars pulling into traffic. For added safety, use a rear-view mirror.
- Be alert - do not assume that you have the right of way. Make eye contact with motorists.

## RULES OF THE ROAD

- When riding a bicycle, the basic traffic laws that apply to the automobile driver also apply to you. That includes stopping at red lights, stop signs or before entering a roadway. Ride as close to the right-hand edge or curb of the road as possible with the flow of traffic. Bicyclists must obey traffic rules; failure to do so is a traffic infraction. Violators could pay a maximum fine of \$100 and face up to 15 days in jail.
- Children under the age of 14 are required to wear safety helmets when operating bicycles. Police officers may issue appearance tickets to parents or guardians who are present when their children are riding without helmets. Parents could face a maximum fine of \$50, which would be waived if they purchased or rented a helmet before their court appearance.
- Child bike passengers, ages five through 13, are required to wear bicycle helmets.
- Children ages one through four are required to wear bicycle helmets and ride in secure safety seats when they are passengers on bikes. This law also prohibits adults from carrying infants under one year of age as bicycle passengers.
- It is illegal to wear earphones plugged into a radio or tape player while riding a bicycle. For safe riding you must have complete concentration on the sights and sounds around you.
- Bicycle accidents in which a person is killed or seriously injured must be reported to the Commissioner of Motor Vehicles within 10 days. If you are physically incapable of making a report within 10 days, you must do it immediately upon your recovery.

**TOWN OF AMHERST RECREATION AREA RULES**

**NO LITTERING**  
**MOTOR VEHICLES**  
**GLASS CONTAINERS**  
**ALCOHOLIC BEVERAGES**  
**SELLING OF GOODS OR SERVICES**

**CLOSED**  
**10:00 PM TO 6:00 AM**

**ALL ANIMALS MUST BE ON LEASH**  
**NOT EXCEEDING 6 FEET IN LENGTH**

**SPEED LIMIT 15 MPH**  
**POLICE ENFORCED**

**BE SAFE**  
**WALK WITH A FRIEND**

*Town of Amherst*

**BIKE & EXERCISE PATHS**

Amherst Canalway Trail  
 Ellicott Creek Trailway  
 Hopkins Road Boardwalk and Trail  
 I-990 Trailway  
 Inter-Campus Bikeway  
 Walton Woods Path

**Robert Anderson**  
 Superintendent of Highways