



FREE EMERGENCY PREPAREDNESS TRAINING

**Sponsored by the Amherst Office of Emergency Management and
Border Community SERVICE of Niagara University.**

CERT Training is designed to prepare you to help yourself, your family, and your neighbors in the event of a catastrophic disaster. Because emergency personnel may not be able to help everyone immediately, you can make a difference by using CERT Training to save lives and protect property.

Classes will begin on Monday, February 6, 2012 and run 8 consecutive Monday evenings from 6:00 to 9:00pm. The class will culminate in a disaster simulation on Saturday, March 31st. The course will be held at Sweet Home High School located at 1901 Sweet Home Road.

CERT Training is a FREE Citizen Preparedness course that includes academic and hands-on instruction. Topics covered include:

- * Emergency Preparedness
- * Fire Safety
- * Emergency Medical Operations I & II
- * Light Search and Rescue
- * CERT Team Organization
- * ICS 100: Incident Command System
- * Disaster Psychology
- * Terrorism and CERT
- * Course Review and Simulated Disaster Exercise

TRAINING IS OPEN TO ALL INTERESTED INDIVIDUALS! ENROLL TODAY!

**For more information or to enroll please contact:
Dana Estrada, Executive Director ,
Border Community SERVICE of Niagara University
at (716) 205-0075 or e-mail: dle@niagara.edu**

Join The Team!

**You can also register online at:
<http://www.niagara.edu/bcs-enrollment/>**

Please indicate you are enrolling in the Amherst course.

CERT: COMMUNITY EMERGENCY RESPONSE TEAM

What is CERT?

Community Emergency Response Team (CERT) training is a FEMA-approved program that educates community members about the hazards they face in their community and trains them in lifesaving skills. CERT training includes both academic and hands-on instruction in a series of eight (8) units, each three (3) hours long, usually taught once per week, often on weekday evenings. CERT training concludes with a course review followed by a simulated disaster exercise, often on a Saturday.

CERT Training

CERT training teaches basic information including the following topics:

Disaster Preparedness	Fire Safety	Light Search and Rescue
Disaster Medical Operations I: Triage and Treating Life Threatening Injuries		
Disaster Medical Operations 2: Assessment, Treatment and Hygiene		
Disaster Psychology	CERT Team Organization & Incident Command System (ICS 100)	
Terrorism and CERT	Course Review	Simulated Disaster Training Exercise

Non-disaster CERT Roles

CERT members can help in various ways in non-disaster settings. They may:

- Distribute emergency preparedness materials
- Provide support services at special community events
- Assist community members with installation of smoke alarms and other safety equipment

CERT in a Disaster Situation

CERT members assist first responders when requested. Under extreme conditions, CERT members may initially assume some functions of first responders until trained emergency response personnel arrive and relieve them. These functions may include:

Fire Safety	Extinguishing Small Fires	Debris Removal
Light Search and Rescue	Utilities Control	Special Needs Concerns
Disaster Medical Operations	Donations management	CPR Skills
Helping to Relieve Survivor Stress	Treating Injuries	Advanced First Aid
Automated External Defibrillator Use	Community Relations	Shelter management

