

AMHERST ADULT DAY SERVICES:

The Amherst Adult Day Services (AADS) program is designed to meet the needs of chronically ill and impaired adults (age 18 and older) who live in the community. Socialization, assistance with personal care and a wide variety of activities help individuals maintain their independence and promote feelings of self-worth.

Amherst Adult Day Services offers families an opportunity to “take a break” from their ongoing caregiving responsibilities.

Individuals attend on a planned basis, which may range from one to five days per week, according to the participant’s and family’s needs.



Kaleida Health



A Caring Tradition

Amherst Adult Day Services is a program of the Town of Amherst Department of Senior Services, administered by the Visiting Nursing Association of WNY, an affiliate of Kaleida Health, which has been providing high-quality home care since 1885.

Amherst Adult Day Services provides activities to meet each person’s needs, preferences and pace. Programs emphasize socialization and friendship, and consist of a diversity of activities, including: crafts, music, exercise, cards and games, educational programs, field trips, entertainment and much more.

Our Staff

Our professional staff provides personal attention and tailors activities to meet the needs of each individual. Among the services our staff provides are:

- Breakfast, hot lunch and snacks
- Exercise for all levels of ability
- Assistance with personal care and grooming
- Showers, for a nominal fee
- Monitoring changes in clients' well-being and notifying caregiver
- Medication supervision

Services for Families

- On-site information and referral service
- Liaison with participant’s personal physician and home situation
- Caregiver support and education, including referral to monthly support group meetings



*Amherst Adult Day Services is located in the Amherst center for Senior Services,
located at 370 John James Audubon Parkway, Amherst, New York 14228.*

AMHERST ADULT DAY SERVICES

Program Costs

Clients pay a fixed fee-per-day for all services offered in the program. The low fee charged by Amherst Adult Day Services is a cost-effective alternative to other forms of senior care. Discounted rates and funding assistance may also be available.

Who is Eligible?

Adults (age 18 and older) who are physically disabled, cognitively impaired or socially isolated may benefit from the program.

Transportation

Transportation provided by Amherst Senior Transportation Services (ASTS) to and from Amherst Adult Day Services is available at an affordable fee to Amherst residents who are program participants. Other transportation services may be arranged for those who do not reside within the Town of Amherst.

Easy Admission

Call Amherst Adult Day Services at 689-1403 for more information and to take a tour of our facility. We will be happy to schedule an assessment and free trial visit.

Program Hours

Monday through Friday 8 a.m. - 4 p.m. Full and half-day schedules are available. For information on flexible hourly rates, please call 689-1403.



Kaleida Health is the parent company of the Adult Day Program.

Donations to AADS

Donations to Amherst Adult Day Services are tax-deductible to the extent allowable by IRS regulations. To make a donation, please call 716-689-1403.

Amherst Adult Day Services is located in the Amherst Center for Senior Services at:
370 John James Audubon Parkway ~ Amherst, New York 14228-1142

Phone: (716) 689-1403 ~ Fax : (716) 689-1410

www.amherst.ny.us

www.vnawny.org