

AMHERST CENTER FOR SENIOR SERVICES



The Town of Amherst Center for Senior Services is a human service agency serving the community's older residents and their families. The Department's mission is to foster the physical and mental well-being of senior citizens by providing educational and recreational activities, nutritional, health-related, social and support services, and opportunities for volunteerism.



The Department is an advocate for senior citizens and seeks to promote and sustain independence or optimal level of well-being.

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The Amherst Center for Senior Services is non-partisan, responsive and accessible to the changing needs of senior citizens in the community regardless of color, national origin, race, religion, gender or sexual orientation.

MEMBERSHIP

There are three types of membership available at the Amherst Center for Senior Services.

- **Amherst Resident Membership** is a lifetime membership open to all Town of Amherst residents, 55 years of age and older (and their younger spouse). For a very reasonable one-time fee of \$30, upon joining, Amherst Resident Members may take advantage of Advance Class Registration each trimester and are welcome to participate in all activities including clubs and special events. Applicants must apply in person. Two proofs of Amherst residency are required.

- **Non-Resident Membership** may join the Center for an annual fee of \$30. There is a limit of 100 Non-Resident Memberships available each year. Members must meet the same age requirements as Amherst Resident Membership. The annual fee allows Non-Resident Members to participate in all activities, including clubs and special events. Non-Resident Members may register for classes at stated prices, on a space-available basis, during Open Registration only.

- **Non-Members** – Visitors/Guests who live outside the Town of Amherst and are age 55 or older may register for classes for an additional cost of \$5 per class during Open Registration. Open Registration is based on a space-available basis. Non-members may only participate in Center activities that are open to the public.

NEW MEMBER ORIENTATION

New members are invited to learn about the Center and meet some of the staff and representatives from our various clubs. Orientation is held every other month at 10 a.m. The event is free and includes a continental breakfast. Reservations are necessary..



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CENTER OPERATING HOURS

Monday through Friday, 8:30 a.m. to 4:15 p.m., and Wednesday evening programs.

MONTHLY NEWSLETTER

The Center's monthly newsletter, THE NETWORK, contains a calendar of the Center's activities and is available at no charge at the front desk, online at www.amherst.ny.us under *Senior Services* or mailed directly to you by a subscription of \$6.00 per year.

NUTRITION LUNCH PROGRAM

A tasty variety of nutritious foods are served Monday thru Friday at 12 noon. Lunch is open to all Erie County residents 60 and older with a \$3.50 suggested voluntary contribution. Special menus and events for holidays included. Reservations are required by calling 636-3059.



SERVICES

- AMHERST ADULT DAY SERVICES (AADS)
- AMHERST MEALS ON WHEELS, INC.
- AMHERST SENIOR TRANSPORTATION SERVICES
- SENIOR OUTREACH SERVICES
- SOCIAL WORK
- BLOOD PRESSURE SCREENINGS
- EMPLOYMENT BULLETIN BOARD
- FRIENDLY VISITORS PROGRAM
- TELEPHONE ASSURANCE PROGRAM (TAP)
- HEALTH INSURANCE INFORMATION COUNSELING & ASSISTANCE PROGRAM
- HEALTH PROGRAMS/ SCREENINGS
- SUPPORT GROUPS
- WANDER ALERT PROGRAM
- VOLUNTEER SERVICES



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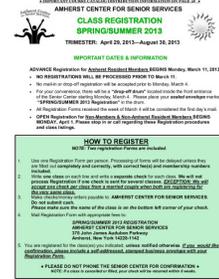
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CLASSES

Whether your interests center on history, languages, science, music, physical fitness or creative arts, you're certain to find a class to pique your curiosity. Three course catalogs are published and available at front desk, on line at www.amherst.ny.us under *Senior Services* or mailed upon request. Registration for the Fall, Winter and Spring/Summer trimesters take place, respectively, in mid-July, November and March.

Fees for classes are payable at the time of registration. For more information on registration, see the current Course Catalog.



CLUBS

Clubs are open to members and have various fees. Stop in to join on a day and time listed for each group, or inquire in the Program Office. Clubs include:

- AM-CENTER CAMERA CLUB
- AMHERST RECORDER CONSORT
- AMHERST SENIOR SINGERS
- AMHERST SENOR TRAVEL CLUB
- BINGO
- CARD GAMES
- CHESS GROUP
- SUPPER CLUB
- DOMINOES
- READERS THEATRE
- WOODCARVERS
- STAINED GLASS
- GENEOLOGY
- TUNE UPS
- MUSIC COMBO
- SPORTS CLUB



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PROGRAMS & SPECIAL EVENTS

A variety of programs are offered here at the Amherst Center for Senior Services, including entertainment, health and educational programs, cultural events, intergenerational and holiday events. We request advance sign-up for some of these programs so we can plan space, refreshments and other arrangements. You may sign up at the Welcome Desk. Some events also carry a small charge or fee.

Fund-raising events are also held throughout the year. They are open to the general public and offer an opportunity for visitors of all ages to visit the Center. These events benefit the Amherst Senior Center and, in some cases, the Amherst Senior Citizens Foundation. Fund-raising events and their admission charge are announced through THE NETWORK newsletter, signs at the Senior Center, and articles and advertisements in local newspapers. Tickets may be purchased in advance at the Welcome Desk. Please refer to THE NETWORK newsletter for more information.



IMPORTANT PHONE NUMBERS:

AMHERST SENIOR CENTER	636-3050
NUTRITION LUNCH	636-3059
SPECIAL EVENTS REGISTRATION	636-3059
AMHERST MEALS ON WHEELS	636-3065
SENIOR OUTREACH SERVICES	636-3070
TRANSPORTATION (ASTS)	636-3075
ADULT DAY SERVICES (AADS)	689-1403

The Amherst Center for Senior Services is located at:
 370 John James Audubon Parkway ~ Amherst, New York 14228-1142
 Phone: (716) 636-3050 ~ Fax : (716) 636-3060
www.amherst.ny.us

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